

33rd Annual Lake Antoine Classic

A Benefit for Special Olympics Saturday, August 7th, 2010



Competitive Events - 15K Run, 5 Mile Run and 2 Mile Run

Non-Competitive Events - 5 Mile Walk, 2 Mile Fun Run/Walk and 15K Bike

15K Run and Bike travel through Fumee Lake Natural Area. The course is mostly flat, unpaved scenic trails. The 5 Mile Run, 5 Mile Walk and 2 Mile Run/Walk are around beautiful Lake Antoine. The course is flat and paved (will accommodate strollers). All events start and finish at Lake Antoine County Park, Iron Mountain, MI. Leashed dogs welcome.

Race Information

2007 UPRRC

RACE TIME: Registration 7:30 am to 8:30 am 9:00 am Race and Walk Start

RACE of

DIVISIONS: Male / Female / Wheelchair / Special Olympian

15K and 5M Runs = Ages 11 & Under, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

2M Run = Ages 5-6, 7-8, 9-10, 11-12, 13-14, 15-16, 17-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

the Year

AWARDS:

15K and 5M Runs = Plaques to top 3 M/F overall and medals to top 3 finishers in age divisions

2M Run = Medals to top three M/F in age divisions

FEES:

Event	Early Registration	Race Day Registration
5M Walk, 2M Run/Walk, 15K Bike	\$12	\$15
5 Mile Run	\$14	\$17
15K Run	\$17	\$20

UPRRC Members take a \$2 discount off fees. No fee for Special Olympians.

Participants ages 12 and under, \$5 any event (no UPRRC discounts).

A 2010 Dickinson County Parks Sticker (\$5 fee) is required to park at Lake Antoine County Park.

Stickers will be available at the gate on race day.

FEATURES:

All pre-registrants receive t-shirt. Race day registrants receive shirts as long as supplies last.

Race is sanctioned by the Upper Peninsula Road Runners Club and every effort is made to assure the safety of all runners/walkers/bikers. Water and aid stations are located through out the courses and beverages/refreshments are provided at the finish. Registration fees are donated to local area Special Olympics.

REGISTRATION: Pre-registration deadline is Friday, July 30, 2010. Make checks payable to Lake Antoine QUINNESEC MILL Classic and mail to: Lake Antoine Classic, C/O Kathy Kulas, 1007 Apollo Drive, Iron Mountain, MI, 49801.

QUESTIONS: Call Katie Maxon at (906) 776-5918.

RACE REGISTRATION



NAME: (Last) _____ (First) _____ Male Female

ADDRESS: _____

Street Address

City

State

Zip

DIVISION (circle one): 15K RUN 5M Run 5M Walk 2M Run/Walk 15K Bike Wheelchair

ASSOCIATION (circle if applicable): Special Olympian (no fee) UPRRC Age: _____

SHIRT SIZE (circle one): Youth Medium Youth Large Small Medium Large X-Large

In consideration of my entry fee I hereby waive, for myself and my heirs, executors, administrators, and all representatives, all rights and claims for personal injuries while traveling to and from and participating in, and property damage occurring as a part of or during the course of said athletic event at Lake Antoine County Park, County of Dickinson, Township of Breitung and members of the Upper Peninsula Road Runners Club, including all rights and claims which I may have against the organizers of such athletic event, and other associations connected with such athletic event, the owners, lessees and occupants of premises and the respective agents, employees, customers and invitees.

Participant's Signature-Parent/Guardian Signature if Participant is Under 18 years of age. Date

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Special Olympics
Michigan



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