

32ND ANNUAL – UPRRC SANCTIONED

NORWAY SPRING CLASSIC

10K, 5K, 2 MILE RUN/WALK, 8 MILE BIKE RIDE

NORWAY, MICHIGAN - WWW.NORWAYMI.COM

SATURDAY, APRIL 21, 2012—10:30 AM CST

INFO AND REGISTRATION FORM AT WWW.UPRRC.ORG

FUNDRAISER FOR THE NORWAY AREA COMMUNITY FOUNDATION YOUTH ADVISORY COMMITTEE – YAC'S.

10K COURSE: A scenic country & town course with 5.7 miles of blacktop, .5 miles of gravel roads and six challenging hills. Miles are marked on road. Water at 3 mile mark. Time splits available at 1, 3, 5 mile marks.

5K COURSE: Follows the 2 mile course around the circle and turns right on Pine Drive. The 5k takes Lake Street to Fifth and follows the 10k route to the finish. There are two challenging hills on this course.

REGISTRATION/RACE DAY CHECK-IN: See below for fees. Race day registration/check-in—Norway/Vulcan Middle School gym. Entrance on top of hill behind school building from 9 am to 10 am cst. Allow for extra time. Race start is 1/4 mile away on Section Road, north of the school. Lot parking available across from FAC and top of hill, 4th & Chestnut, near school. School address is: 300 Section Street.

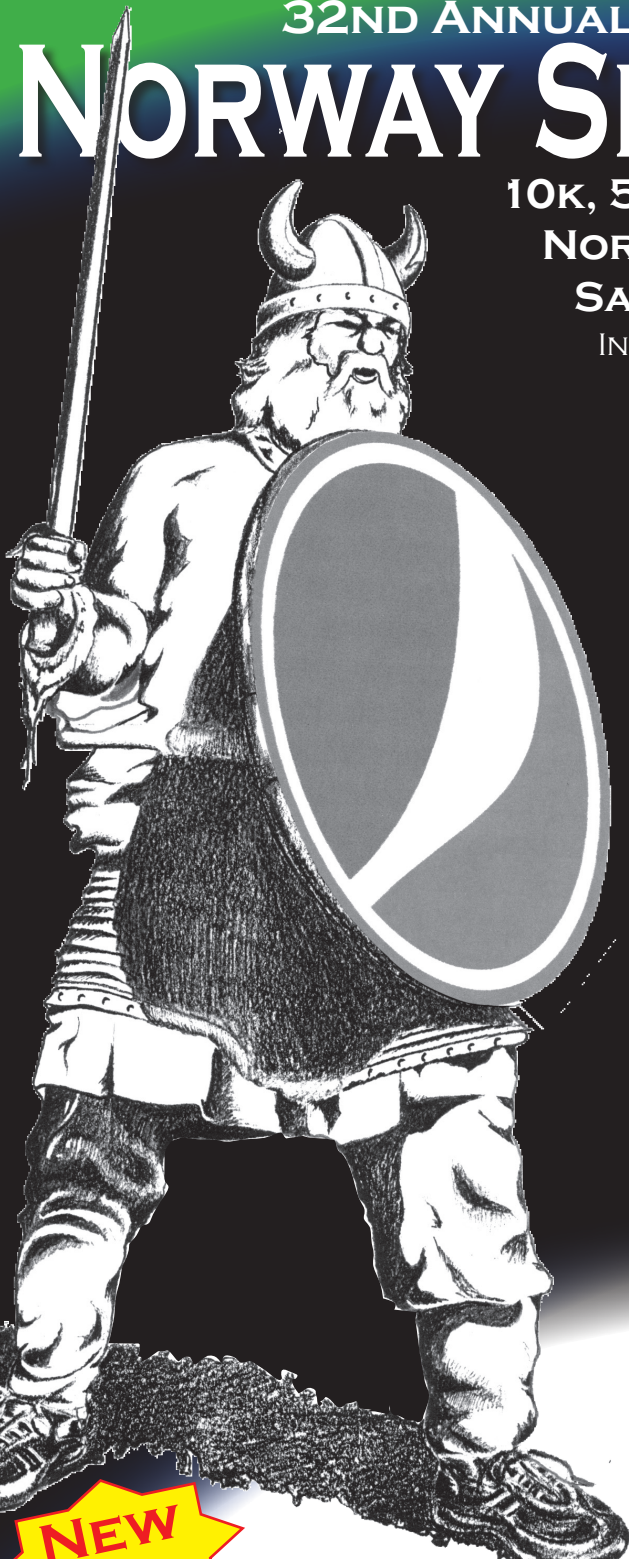
CORPORATE CHALLENGE: Scoring top three from a business. Email race director (awsradams@gmail.com) to sign up.

AWARDS: Middle School gym. Awards for top male and female finishers. 10k, 5k and 2 mile run—top 3 place finishers in each age group receive medals. Treat from Dairy Queen for all 2-mile finishers.

FACILITIES: Restrooms, showers available. Refreshments.

SPONSORS: Pepsi-Cola of Iron Mountain, The Norway Dairy Queen, First National Bank of Norway, U.S. Army, D&G Advisor Group of Menominee, MI., and Econo Foods of Iron Mountain are sponsors at the time of this printing.

Maps available race day, or by request.



NEW
8 MILE BIKE RIDE PLUS CHIP TIMING & RACE RECEIPTS



32ND ANNUAL NORWAY SPRING CLASSIC OFFICIAL ENTRY FORM

Mail entry along with your check made out to: Norway Spring Classic, P. O. Box 218, Norway, MI 49870

One individual per entry. Please make copies of this form. Forms available at: UPRRC.org, norwaymi.com, area businesses & schools

PRINT NAME _____

EMAIL _____ PHONE (____) _____

ADDRESS _____

BIB #

CITY, STATE, ZIP _____

EVENT: 10K 5k 2 Mile Run/Walk Bike LONG SLEEVE SHIRT SIZE Adult Unisex: S M L XL XXL

GENDER: Male Female AGE ON RACE DAY: _____ BIRTHDATE: ____/____/____ F-Over 160 lbs? _____ M-Over 190 lbs? Yes No

REGISTRATION FEE:
Please circle your fee

5k or 10k UP Road Runners Club member
5k or 10k Non-UPRRC member
5k or 10k Runner
2 Mile Run/Walk
8 mile Bike Ride

EARLY
BY 4/13/2012
\$15 (incl. long sleeve shirt)
\$18 (incl. long sleeve shirt)
\$ 5 (no shirt)
\$ 3 (no shirt)
\$ 5 (no shirt)

April 14 thru RACE DAY
4/14/2012 - 4/21/2012
\$20 (incl. long sleeve shirt)
\$27 (incl. long sleeve shirt)
\$10 (no shirt)
\$ 5 (no shirt)
\$10 (no shirt)



Check Amount: \$ _____ (Sorry, no refunds) Questions? Tony Adams, race director, 906-774-8071 or awsrads@gmail.com
In consideration of the acceptance of my entry, I the undersigned, intending to be legally bound for myself, my Heirs, Executors, and Administrators, hereby release The Norway Spring Classic, and any other individuals who are in any way connected with this event (including volunteers assisting with the event), from any liability or claims for injury or illness that I may suffer as a result of my participation, and acknowledge this release is being relied upon by the above persons in permitting me to participate. I grant permission to all the foregoing to use photographs, motion pictures, videotapes, or any other record of this event for legitimate purposes.

SIGNATURE _____ DATE _____

COSIGNATURE _____
By parent or guardian if applicant is under 18 years old