

16th RUDYARD LIONS SUMMERFEST TRIATHLON & 5K RUN RESULTS
July 29, 2012

5K Run

Name	City	Age	Time	Name	City	Age	Time
<u>MALE</u>				<u>FEMALE</u>			
Mike Adamo	Sault, ON	23	16.54	Rosie Trahey	Canton, MI	34	21.59
Griffin Williams	Kalamazoo, MI	22	18.39	Linda Borck	Grand Rapids,	63	24.19
Gary Fellows	Sault, MI	42	20.16	Ann Savonen	Carleton, MI	51	25.09
Alan Jarvie	Fibre, MI	58	20.27	Kathryn Jennings	Barbeau, MI	45	25.20
Stephen Trahey	Canton, MI	34	21.20	Alisha Thompson	Burton, MI	23	25.33
Anthony Talentino	Sault, MI	46	22.25	Laurie Herman	Cincinnati, OH	59	26.00
Eric Thomas	Sault, MI	41	23.44	Jeanette Kymes	Dafter, MI	14	28.44
Michael Baker	Kinross, MI	33	24.53	Amy Jarvie	Freeport, MI	20	29.01
Larry Rankin		64	25.59	Rebeckah Zaragoza	Rudyard, MI	32	29.21
David Borck	Grand Rapids, MI	61	26.57	Erin Jarvie	Rudyard, MI	20	29.28
John Johnson	Indian River, MI	68	28.23	Cameia Yeck	Sault, MI	48	29.39
Dennis Beaupre	Barbeau, MI	63	28.55	Traci Alworden	Gladstone, MI	50	29.55
Stephen Chenoweth	Portland, OR	44	30.04	Tammy Schroeder	Dafter, MI	39	30.01
Chris Alshab	Sault, MI	7	30.31	Nico White	Redwood City, CA	42	30.04
Peter Scornaiencki	Sault, MI	38	33.39	Lauren Wong	Sault, MI	7	30.29
Chris Franklin	Rudyard, MI	44	34.33	Karen Gibson	Rudyard, MI	49	30.29
				Wendy Paton-Beaupre	Barbeau, MI	60	30.32
				Betty Litzner	St. Ignace, MI	54	30.53
				Isa Franklin	Rudyard, MI	7	31.34
				Kate Wong	Sault, MI	10	31.39
				Melanie Alshab	Sault, MI	9	31.42
				Alison Cheney	Rudyard, MI	33	32.04
				Carol Reisener	Rudyard, MI	43	32.34
				Maryjo Alshab	Sault, MI	39	32.41
				Eve Cheney	Rudyard, MI	7	34.24
				Joni Andary	Rudyard, MI	54	34.57
				Marleena Schroeder	Dafter, MI	15	37.00
				Nichole Wymore	Sault, MI	15	37.01
				Misty Royal	Rudyard, MI	38	37.09
				Linda Halford	Conway, MI	58	37.55
				Charlene Pierce	Kincheloe, MI	52	41.14
				Annyka Franklin	Rudyard, MI	10	41.28
				Brenda Franklin	Rudyard, MI	43	42.49
				Colee Cheney	Rudyard, MI	8	56.17
				Kathy Cheney	Rudyard, MI	56	56.17

Rudyard Lions Triathlon

5K Run, 24.3K Bike, ½ K Swim

Name	City	Age	Run	Bike	Swim	Final
<u>MALE</u>						
Jeff Juntti	Negaunee, MI	43	19.04	39.25	9.83	1:08.12
Justin Vasseau	Marquette, MI	42	19.05	42.06	8.97	1:10.08
Nick Wong	Sault, MI	37	18.24	42.22	10.82	1:11.28
Lee Kantz	Hessel, MI	38	18.14	41.40	11.88	1:11.42
Cody Kayser	Manistique, MI	19	18.44	45.96	8.70	1:13.10
Scout Hester	Cedarville, MI	48	20.36	42.89	10.80	1:14.05
Scott McCran	Sault, ON	26	18.29	41.95	14.35	1:14.59
Ty Shesky	Marquette, MI	35	20.58	43.77	11.05	1:15.40
Tracey Crane	Rochester Hills	39	20.14	46.25	10.72	1:17.11
Ryan Mitchell	Sault, ON	26	18.44	46.96	12.79	1:18.19

Rudyard Lions Triathlon 2012 - Continued

5K Run, 24.3K Bike, ½ K Swim

<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Run</u>	<u>Bike</u>	<u>Swim</u>	<u>Final</u>
Alan Nichols	Essexville, MI	41	22.04	46.14	19.28	1:18.46
Gary Duke	Linden, MI	54	23.01	45.16	13.90	1:22.07
Kent Cartwright	Petoskey, MI	44	23.22	45.01	13.96	1:22.19
John Scholten	Petoskey, MI	52	26.18	42.41	13.74	1:22.33
Strom Juntti	Negaunee, MI	15	22.06	50.44	11.78	1:24.28
Lance Bickel	Rudyard, MI	33	24.55	48.63	12.37	1:25.55
Kevin Postma	Rudyard, MI	33	21.35	47.78	17.17	1:26.30
Steve Sawyer	Rudyard, MI	33	21.34	49.14	16.60	1:27.08
Jayme Swanson	Midland, MI	37	26.34	48.21	13.53	1:28.08
Michael Alworden	Gladstone, MI	53	24.02	50.25	13.88	1:28.15
Fred Liederback	Petoskey, MI	53	24.53	50.58	13.44	1:28.55
Marc Striukas	Sault, ON	26	21.59	51.85	17.08	1:30.52
Devin Livingston	Detour, MI	16	21.47	55.12	15.70	1:32.29
Scott Stevenson	Kincheloe, MI	49	25.25	48.99	18.98	1:33.22
Kurt Jarvie	Naperville, IL	53	26.08	54.13	15.11	1:35.32
Matthew Seifert	Sault, MI	26	19.57	1:01.60	14.28	1:35.45
Phil Dansdill	Sault, MI	64	24.38	51.92	22.11	1:38.41
Gary Lee	Traverse City MI	75	32.32	51.69	19.22	1:43.23
Eric Sutter	Scottville, MI	47	38.35	53.85	11.03	1:43.23
Mark Meiners	Sault, MI	52	27.26	1:07.31	16.45	1:51.02

FEMALE

Sarah Eles	Brimley, MI	32	22.48	50.96	10.68	1:24.12
Alea Juntti	Negaunee, MI	18	22.59	50.57	11.41	1:24.57
Katie Ludlow	Petoskey, MI	53	22.53	49.48	14.08	1:26.09
Candace Savonen	Carleton, MI	20	23.56	54.99	8.46	1:27.01
Rachael McCoy	Sault, MI	36	25.49	52.81	13.86	1:32.16
Brenda Dale	Hessel, MI	43	28.56	54.96	11.53	1:35.05
Keri Livingston	Sault, MI	36	30.14	54.87	11.48	1:36.49
Whitney Artuso	Sault, MI	25	22.13	53.40	24.65	1:40.18
Caitlin Sullivan	Sault, MI	22	29.39	58.84	12.06	1:40.29
Mary Ocko	Interlochen, MI	29	22.05	1:03.13	15.96	1:41.14
Stacy Goldthorpe	St. Ignace, MI	20	28.43	1:01.14	15.67	1:45.24
Megan Trotter	Kincheloe, MI	17	25.53	1:07.69	14.26	1:47.48
Lisa Abramson	Sault, MI	33	30.10	1:06.06	14.94	1:51.10
Kelly Swanson	Midland, MI	38	27.48	1:04.70	19.97	1:52.15
Barb Rogers	Sault, MI	35	32.23	1:01.84	18.37	1:52.44
Nancy Steinhaus	Sault, MI	56	30.50	1:09.72	17.03	1:57.25
Autumn Eles	Brimley, MI	8	29.55	1:13.47	17.36	2:00.38
Tammi Proulx	Sault, MI	37	31.26	1:13.66	17.66	2:02.22
Cara VanDusen	Rudyard, MI	22	31.49	1:25.68	17.86	2:15.03
Torye Anderson	Sault, MI	11	36.14	1:25.04	13.88	2:15.06
Aagii Clement	Sault, MI	57	40.04	1:18.06	18.35	2:16.45

TRIATHLON TEAMS

<u>ALL MALE</u>						
3 Generations	Brimley, MI		23.11	47.22	9.21	1:19.54
Walk in the Park	Rudyard, MI		31.15	39.29	12.80	1:23.24
<u>ALL FEMALE</u>						
Malaski-Curtis	Rudyard, MI		25.37	58.71	10.51	1:34.59
Good Heavens	Rudyard, MI		32.44	53.85	10.90	1:37.19

Rudyard Lions Triathlon 2011 - Continued
5K Run, 24.3K Bike, ½ K Swim

Name	City	Run	Bike	Swim	Final
<u>COED TEAMS</u>					
Tri 2	Newberry, MI	20.45	43.94	11.79	1:16.18
Pro Sports	Pickford, MI	20.10	45.91	18.51	1:24.52
In It 2 Wynn It	North Canton, OH	30.20	59.00	12.81	1:42.01
Madison & Grandpa Tri	West Branch, MI	35.24	50.93	18.26	1:44.43
Two Smarties & a Nerd	Rudyard, MI	33.22	1:18.30	10.72	2:02.24
<u>*LIONS TEAM CHALLENGE</u>					
Rudyard Lions-AAD	Rudyard, MI	29.48	45.74	12.78	1:28.00

* The top team in the Lions Team Challenge receives \$250 for the charity of their choice.

17th Annual Rudyard Lions Triathlon and 5K
July 28, 2013 at 9:30 a.m.

www.rudyardlionstriathlon.com

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